

**PRACTICE/TRY-OUT INFORMATION FOR FALL SPORTS AT LIBERTY HIGH SCHOOL**

**7.15.2019**

**MANDATORY FALL SPORTS MEETING FOR ALL ATHLETES, PARENTS, AND COACHES ON THURSDAY, AUGUST 1<sup>ST</sup> AT 6:30PM IN THE LIBERTY HIGH SCHOOL AUDITORIUM. AFTER GROUP MEETING, ATHLETES/PARENTS WILL BREAK OFF FOR A MEETING WITH COACHING STAFF OF THE SPORT THEY WILL BE PARTICIPATING.**

**ALL ATHLETES MUST HAVE A VHSL PHYSICAL DATED AFTER MAY 1, 2019 IN ORDER TO BE ELIGIBLE TO PARTICIPATE IN ANY PRACTICE OR TRYOUT FOR THE 2019-2020 SCHOOL YEAR.**

**FALL DEAD PERIOD WILL RUN FROM AUGUST 1<sup>ST</sup> THROUGH AUGUST 10<sup>TH</sup>**

**JV and VARSITY FOOTBALL PRACTICE INFORMATION:**

August 1<sup>st</sup>, August 2<sup>nd</sup>, August, 5<sup>th</sup>, August 6<sup>th</sup> practice from 8:00am-2:30pm at Liberty High School.

Head Coach: Chris Watts ([cwatts@bedford.k12.va.us](mailto:cwatts@bedford.k12.va.us))

**JV and VARSITY VOLLEYBALL TRYOUT INFORMATION:**

Tryouts for all rising 8th graders- 12th graders will be on August 5<sup>th</sup> through August 7<sup>th</sup> from 4:30pm-7:30pm at Liberty High School Gymnasium. Practice will begin Thursday, August

Head Coach: Katie Martin ([katelyn.martin@bedford.k12.va.us](mailto:katelyn.martin@bedford.k12.va.us))

**VARSIY GOLF TRYOUT INFORMATION:**

August 1<sup>st</sup> and August 2<sup>nd</sup> from 4pm-5:30pm...top 6 will play in the Invitational held at London Downs on August 5<sup>th</sup>.

Head Coach: Matthew Uselton ([muselton@bedford.k12.va.us](mailto:muselton@bedford.k12.va.us))

**VARSIY CROSS COUNTRY PRACTICE INFORMATION:**

August 5<sup>th</sup> through August 9<sup>th</sup> from 4pm-5pm at Liberty High School. Meet Coach Wolf in her classroom on August 5<sup>th</sup>.

Head Coach: Catheryn Padgett Wolf ([cat.wolf@bedford.k12.va.us](mailto:cat.wolf@bedford.k12.va.us))

**VARSIY AND JV SIDELINE CHEER INFORMATION:**

Please refer to calendar already handed out to team members.

Head Coach: Madi Sandlin (contact via group chat for questions)