

Bedford County Public Schools

**March 2017
BREAKFAST**

High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage Biscuit Mini Pancakes Juice or Fruit Milk (lowfat, skim)	Chicken Biscuit Sausage Biscuit Juice or Fruit Milk (lowfat, skim)	Steak Biscuit Sausage Biscuit Juice or Fruit Milk (lowfat, skim)	Chicken Biscuit Sausage Biscuit Juice or Fruit Milk (lowfat, skim)	Breakfast Buffet Juice or Fruit Milk (lowfat, skim)

LUNCH

In addition to their selected lunch entrée choice, students may choose up to 2 vegetables, 2 fruits and milk with their meal

<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> USDA is an equal opportunity provider and employer. </div>		1 Chicken Patty on WG Bun Pulled Pork Taco Deli Sandwich w/Baked Chips <u>Sides</u> Seasoned Corn, Refried Beans, Fresh Baby Carrots w/Dip, Assorted Fruit Choices, Milk	2 Chicken Nuggets w/WW Roll BBQ Rib Dippers w/WW Roll Manager's Choice <u>Sides</u> Mashed Potatoes, Green Beans, Assorted Fruit Choices, Milk	3 Big Daddy's Primo Pizza Buffalo Chicken Flatbread <u>Sides</u> Baked Potato, Steamed Mixed Vegetables, Romaine Tossed Salad w/Cherry Tomatoes, Assorted Fruit Choices, Milk
6 General Taos Chicken w/Brown Rice Cheeseburger on WG Bun Deli Sandwich w/Baked Chips <u>Sides</u> French Fries or Baked Potato, Seasoned Glazed Carrots, Assorted Fruit Choices, Milk	7 Big Daddy's Primo Pizza Caribbean Pulled Pork Flatbread <u>Sides</u> Baked Potato, Steamed Broccoli, Fresh Veggie w/ Dip, Assorted Fruit Choices, Milk	8 Spaghetti w/ Meat Sauce/WG Breadstick Chicken Patty on WG Bun Manager's Choice <u>Sides</u> Home-Style Baked Beans, Romaine Tossed Salad w/Cherry Tomatoes, Assorted Fruit Choices, Milk	9 Chicken Nuggets w/WW Roll Grilled Ham & Cheese Turkey/Gravy w/WG Roll <u>Sides</u> Mashed Potatoes, Green Beans, Assorted Fruit Choices, Milk	10 Assorted Pizza Corn Dog Nuggets Carolina BBQ Sandwich <u>Sides</u> French Fries or Baked Potato, Steamed Capri Vegetables, Assorted Fruit Choices, Milk
SCHOOL CLOSED TEACHER PLANNING DAY	14 Popcorn Chicken w WG Breadstick BBQ Rib Sandwich Taco <u>Sides</u> Seasoned Corn, Spinach Tossed Salad w/Cherry Tomatoes, Assorted Fruit Choices, Milk	15 Western Cheeseburger on WG Bun Corn Dog Nuggets Chicken Enchilada <u>Sides</u> French Fries or Baked Potato, Seasoned Green Peas, Assorted Fruit Choices, Milk	16 Chicken Nuggets w/WW Roll Baked Chicken w/WW Roll Manager's Choice <u>Sides</u> Mashed Potatoes, Green Beans, Assorted Fruit Choices, Milk	17 Assorted Pizza Beef & Cheese Nachos Tuna Melt Flatbread <u>Sides</u> Sweet Potato Fries or Baked Potato, Steamed Mixed Vegetables, Assorted Fruit Choices, Milk
20 Chicken Patty on WG Bun Corn Dog Turkey/Bacon/Cheddar Melt <u>Sides</u> Steamed Capri Vegetables, Pinto Beans, Assorted Fruit Choices, Milk	21 Big Daddy's Primo Pizza Cheeseburger on WG Bun <u>Sides</u> Baked Potato, Steamed Broccoli, Fresh Veggie Cup w/Dip, Assorted Fruit Choices, Milk	22 Chicken Tenders w/WG Roll Pizzarino Flatbread Sandwich Smoke House Bacon BBQ Rib Sub <u>Sides</u> French Fries or Baked Potato, Tossed Romaine Salad w/Cherry Tomatoes, Assorted Fruit Choices, Milk	23 Chicken Nuggets w/WW Roll Turkey/Gravy w/WW Roll Manager's Choice <u>Sides</u> Mashed Potatoes, Green Beans, Assorted Fruit Choices, Milk	24 Assorted Pizza Corn Dog Nuggets Potato Crunch Fish Sandwich <u>Sides</u> French Fries or Baked Sweet Potatoes, Corn on Cob, Assorted Fruit Choices, Milk
27 Assorted Pizza Cheeseburger on WG/Bun Italian Wrap <u>Sides</u> French Fries or Baked Potato, Seasoned Green Peas, Assorted Fruit Choices, Milk	28 Corn Dog Nuggets Max Sticks w/Marinara Sauce Crunchy Hawaiian Chicken Flatbread <u>Sides</u> Sweet Potato Fries or Baked Potato, Steamed Broccoli, Assorted Fruit Choices, Milk	29 Chicken Patty on WG Bun Pulled Pork Taco Deli Sandwich w/Baked Chips <u>Sides</u> Seasoned Corn, Refried Beans, Fresh Baby Carrots w/Dip, Assorted Fruit Choices, Milk	30 Chicken Nuggets w/WW Roll BBQ Rib Dippers w/WW Roll Manager's Choice <u>Sides</u> Mashed Potatoes, Green Beans, Assorted Fruit Choices, Milk	31 Big Daddy's Primo Pizza Buffalo Chicken Flatbread <u>Sides</u> Baked Potato, Steamed Mixed Vegetables, Romaine Tossed Salad w/Cherry Tomatoes, Assorted Fruit Choices, Milk

Available Daily:

Entree Salad w/Fruit & Milk offered for lunch

Yogurt w/Grain Item offered as an entrée choice at breakfast & lunch

Side Salad and other fresh vegetable choices may be offered in addition to listed sides

A Sandwich Choice may also be offered as an entrée choice

MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY OF PRODUCTS