

# PLANNING FOR A HEALTHY RETURN TO SCHOOL



Face coverings for students will be required when riding on the school bus and encouraged when students are traveling in common school spaces.

## HEALTH SCREENINGS



### For students at home

We ask that each family participate in a daily health screening with each child prior to arriving on the school campus. A simple daily screening from CDC is located on the back of this document. If you have any questions about your child's health when at home, please contact your physician for guidance.

### For Staff

Each staff member is provided the CDC screening procedure to self-assess daily prior to coming on the campus.

## MANAGING VISITORS

### Itinerant staff

Any school division employee that comes onto a school campus during the course of the school day will enter through the main office and complete a health screening with office staff.

### Visitors

All visitors entering the main office for any reason will be required to complete a health screening.



**Face coverings will be required for any parent/visitor entering the school building for any reason.** If you are unable to wear a face covering, please call the school office so that we can facilitate your campus needs without entering the building.



[strosper@bedford.k12.va.us](mailto:strosper@bedford.k12.va.us)



540-586-2541

QUESTIONS?

<https://bedfordlhs.sharpschool.net/home>

## SCHEDULING MEETINGS

**We want to encourage parent participation in any scheduled meetings. In order to ensure safe practices, meetings with parents will be scheduled at a time when students are not participating in instruction on campus. Face coverings will be required for all meeting participants. Virtual or phone meetings are possible for parents.**

# DAILY HOME SCREENING FOR STUDENTS

Parents: Please complete this short health check each morning before your child leaves for school.

## **Symptoms:**

If your child has any of the following symptoms, that indicates a possible illness that may decrease the ability to learn and put him/her at risk for spreading illness to others. Please check your child for these symptoms and keep them home if any symptom of illness is noted.

<input type="checkbox"/>	Temperature 100.0 degrees or higher
<input type="checkbox"/>	Sore throat
<input type="checkbox"/>	New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)
<input type="checkbox"/>	Diarrhea, vomiting or abdominal pain
<input type="checkbox"/>	New onset of severe headache, especially with a fever

## **Close Contact/Potential Exposure:**

In order to determine any potential exposure, please review the following situations and follow isolation guidelines in consultation with your physician. Close contact and exposure with a confirmed COVID-19 case should follow a 14-day isolation for health monitoring.

<input type="checkbox"/>	Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person with confirmed COVID-19 <b>OR</b>
<input type="checkbox"/>	Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person under quarantine for possible exposure to COVID-19 <b>OR</b>
<input type="checkbox"/>	Traveled to or lived in an area where the local or regional health department is reporting large numbers of COVID-19 cases
<input type="checkbox"/>	Had direct contact (physical touch or shared materials/utensils/etc.) with someone with a confirmed case of COVID-19
<input type="checkbox"/>	Have been identified as a household under recommended quarantine by the local health authority.

Adapted from Centers for Disease Control (CDC) 2020